

A Reflective Bible Study

GOD SAYS

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Do you ever feel like a failure...as a woman, mother, friend, or Christian? I'm here to tell you that you are not a failure. I know you're sitting there thinking, "how do you know? You don't know my life!"

That's true. I don't know your life. But God does. God knows your struggles, He knows your faults. But he also forgives you for those faults, those failures, and those struggles.

This God Says reflective Bible study is here to encourage you to listen to God. For every shortcoming you experience, God has a response for you. For every fault you feel, God has a response for you. For every failure you think you have, God has a response for you!

All we have to do is listen to Him.

FORMAT

Over the next 13 days, this Bible study will help you listen to what God says in response to every struggle you may be experiencing. First I will lay out a struggle, then I will show you God's response to what you are experiencing.

I always encourage my readers to spend quiet time with God. I've found that 20 minutes a day is sufficient for me, but any time you give to God will be fine - all we have to do is listen.

In order to get the most out of this Bible study, I also encourage you to spend time reflecting on the verse provided. A physical journal or a journaling app on your phone will be perfect for this! The more time you spend reflecting, the more you will gain from this Bible study. Simply put, **You will get what you give** in this Bible study.

Day 1

You say: I'm not able

GOD SAYS: I AM ABLE

2 Corinthians 9:8

"God is able to make all grace abound to you, so that always having all sufficiency in everything, you may have an abundance for every good deed"

Describe a time in your life when you feel as if you are not able to do something?

When you feel this way, what do you do?

Do you trust that God is able to do all things?

Do you feel as if you are ready to listen to Him?

Day 2

You say: I can't figure it out

GOD SAYS: I WILL DIRECT YOUR STEPS

Proverbs 3: 5 - 6

"Trust in the Lord with all your heart and do not lean on your own understanding. In all your ways acknowledge Him, and He will make your paths straight."

Is there a time in your life when you experienced difficulty trusting in God?

Do you trust that God will guide you?

What are some ways you can trust in the Lord? What will it take on your part?

Day 3

You say: I'm too tired

GOD SAYS: I WILL GIVE YOU REST

Matthew 11: 28

"Come to Me, all who are weary and heavy-laden, and I will give you rest."

What are some areas in your life that you may need a break from? In what ways do you need rest?

Do you trust that God will give you the rest you need?

Are you prepared to come to Him?

Day 4

You say: It's not worth it

GOD SAYS: IT WILL BE WORTH IT

Romans 8:28

"God causes all things to work together for good to those who love God, to those who are called according to His purpose."

What is an area in your life that needs purpose? Do you trust when God says that it will be worth it?

Day 5

You say: I'm impossible

GOD SAYS: ALL THINGS ARE POSSIBLE

Luke 18: 27

"The things that are impossible with people are possible with God"

When do you feel like something is impossible? Do you trust that God can handle the seemingly impossible?

Day 6

You say: I can't forgive myself

GOD SAYS: I FORGIVE YOU

Romans 8:1

"There is now no condemnation for those who are in Christ Jesus."

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God forgives you for your shortcomings and faults. Is this something you can accept from Him?

Do you believe that God forgives you & will you accept His forgiveness?

Day 7

You say: I can't go on (Part 1)

GOD SAYS: MY GRACE IS SUFFICIENT

2 Corinthians 12:9

"My grace is sufficient for you, for power is perfected in weakness."

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What is your definition of grace? Do you trust in God's grace for your life?

Day 8

You say: I can't go on (Part 2)

GOD SAYS: YOU CAN DO ALL THINGS

Philippians 4:13

"I can do all things through Him who strengthens me."

Spend some time meditating and reflecting on this verse. What stands out to you?

Are there some aspects in your life that make you feel like you cannot go on? identify those and cast them towards God!

God will strengthen you, will you accept His strength? What does His strength look like to you?

Day 9

You say: I can't manage

GOD SAYS: I WILL SUPPLY ALL YOU NEED

Philippians 4:19

"My God will supply all your needs according to His riches in glory in Christ Jesus."

God will supply all that you need, do you trust this?

Are there some things in your life that you can specifically identify as "God-given?" Identify them and spend some time being grateful for these blessings!

Take some time today to meditate on what God has given you. Are there things in life that you think you need? Spend some time with God and cast your worries on Him.

Day 10

You say: I'm afraid

GOD SAYS: I HAVE NOT GIVEN YOU FEAR

2 Timothy 1:7

"For God has not given us a spirit of timidity, but of power and love and discipline."

God has given us many things, but fear is not one of them. Identify what you are afraid of and send your prayers to God. Can you trust that He will take care of it for you?

Day 11

You say: I'm not smart enough

GOD SAYS: I WILL GIVE YOU WISDOM

1 Corinthians 1:30

"By His doing you are in Christ Jesus, who became to us wisdom from God, and righteousness and sanctification, and redemption..."

Are there times in your life when you feel like you aren't smart enough? God will give you wisdom, will you accept it?

Day 12

You say: I feel all alone

GOD SAYS: I WILL NEVER LEAVE YOU

Hebrews 13:5

“...I will never desert you, nor will I ever forsake you...”

Identify times when you feel alone. Can you imagine yourself turning to God in times of loneliness?

God tells us that he will never desert us, do you trust Him?

What can you do to turn to God in times of loneliness? Will it take extra meditation or prayer? Will it take removing yourself from a situation? Think on this and set your game plan! No one should ever feel alone.

Day 13

You say: Nobody loves me

GOD SAYS: I LOVE YOU

John 3:16

“For God so loves the world, that He gave His only begotten Son, that whoever believes in Him shall not perish, but have eternal life.”

Have you taken time to consider this ultimate gift from God?

What does love look like to you? Do you have friendships and relationships in your life that are examples of love?

Know that God’s love for you is infinite. Can you accept His love? Can you take time out of your day to consider and appreciate God’s love for you?

The End

Now that you have spent the past 13 days listening to what God has to say, do you feel more prepared to listen to God?

If there were certain verses that stuck out to you, save them! Write them down anywhere you can and return to them often! I want you to know that God has a plan for you, even for your struggling times! God is always talking to us, all we need to do is listen!

What are some ways you can listen to God? Give yourself some action steps to help you turn to God in difficult times!